

Questions your doctor may ask

Your doctor will have questions for you, but you might also have questions for your doctor. Asking questions can help you better understand your condition and treatment. Here are just a few questions to consider...

- **Questions about your medical history** – including any conditions you've been diagnosed with, any hospitalizations, troublesome symptoms; relevant medical history of parents, siblings.
- **Any medications you are currently taking** – including over-the-counter medications, supplements, or herbal/natural remedies. It might be helpful to bring your medications with you to your appointment.
- **Any allergies you may have**
- **A description of your symptoms in terms of location, intensity, and frequency**
- **When your symptoms started**
- **How long they typically last**
- **The degree to which symptoms interfere with work, school or leisure activities**
- **Anything that seems to trigger symptoms**